

Franklin County
Children
and Families
**Community
Resource
Board**



2013 Annual Report



Our Mission and Vision

Mission Statement:

To encourage development and full utilization of community resources to build and sustain a comprehensive mental health system of care for children and families in Franklin County.

Vision Statement:

A community where all children and families can reach their full potential in a supportive and nurturing environment.



www.franklincountykids.org

**Purpose:**

Franklin County Children & Families Community Resource Board serves the residents of Franklin County by providing leadership in the development and implementation of: a system of care for children and families where children are challenged by emotional or behavioral disturbances or by chemical dependency; a system of care for adults challenged by mental illness or chemical dependency; and, prevention, early intervention and life skills promotion services.

**2013 FCCRB****Board of Directors**

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Dawn Rost, Treasurer

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Dave Arand

Dr. David Brunworth

Missie Evert

Cindy Fischer

Michael Joyce

Connie Juengel

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FCCRB Staff

Annie Schulte

Executive Director

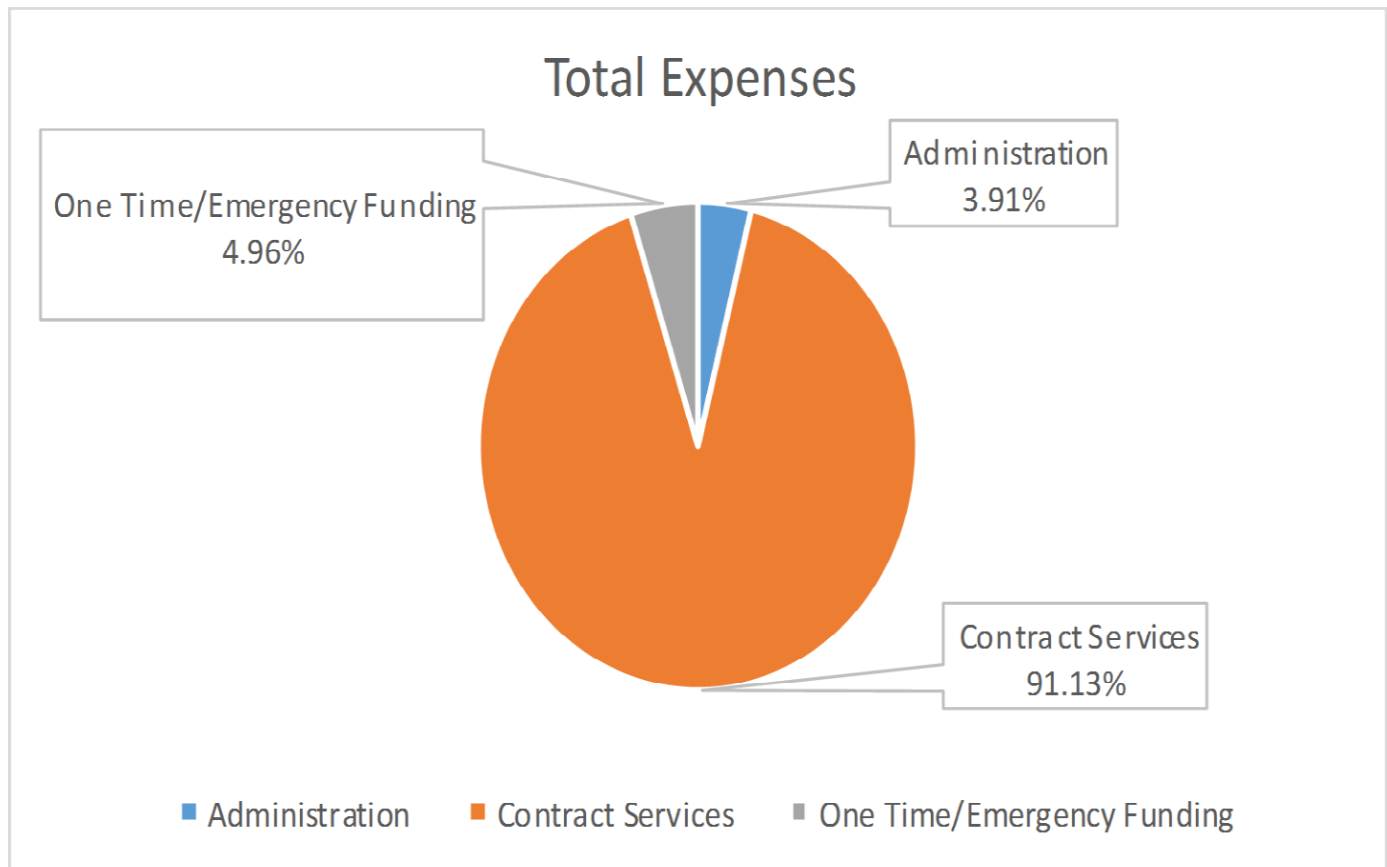
SNAPSHOT

In 2013, the Putting Kids First Children's Services Fund contracted with 13 agencies to provide 28 programs to Franklin County Children and Youth 19 years of age or younger. The FCCRB paid out \$2,248,518.77 in contracted services. An additional \$122,417.93 was paid out in one-time projects emergency funding, and pilot programs.

2009-10	10 Agencies, 23 Programs
2011	11 Agencies, 24 Programs
2012	13 Agencies, 25 Programs
2013	13 Agencies, 28 Programs

Fiscal Shape

Fiscal Shape – Our Finance Committee continues to do a great job with projecting the sales tax revenue, which has allowed us to budget wisely, without shortfalls. In fiscal year 2011 revenues received were 3.13% over what was projected. For the fourth year in a row we were able to release one-time funding grants to area agencies. In addition, we continue to keep our administrative expenses low. When the Putting Kids First initiative was passed in 2008, we promised to keep the administration to 5% of collected revenues. In 2013 administration accounted for 3.63% of the total sales tax revenue and 3.9% of total expenses.



Revenues

Sales Tax Revenue	\$2,656,636.78
Investment Income	\$7,488.09
Misc.	\$42.22
TOTAL	\$2,664,167.09

Expenses

Administration	\$96,477.15
Contract Services	\$2,248,518.77
1X & Emergency	\$122,417.93
TOTAL	\$2,467,413.85

prevention programs

Prevention Programs - It is estimated that 97% of the 18,022 Franklin County school-aged children received at least one, if not multiple contacts through prevention programs in 2013. During the course of the year over 35,000 contacts with youth were made through the prevention programs. These programs are offered at public and private schools throughout Franklin County and include programs to reduce incidents of bullying and teasing, physical and sexual abuse, and drug and alcohol use.

PREVENTION SERVICES

Crider Health Center

Violence Prevention, including bullying prevention, is offered in grades 1 – 5, Changes and Choices in grades 5 – 7, and Healthy Relationships in 8th grade. All programs build upon one another or can stand alone.

Buddies not Bullies

Portals prevention program includes bullying and teasing prevention and internet safety. Portals approach is a little different from other agencies as it brings a holistic approach that they call “all in” where they meet with the students throughout a semester, they also meet with and train the teachers and have learning opportunities available to parents.

ALIVE

Prevention programs for middle and high school students focused on healthy relationships. This program walks teens through scenarios and situations to help them determine what is a healthy relationship and what is an un-healthy relationship.

Children's Advocacy Center

Programs for elementary, middle and high school students that focus on sexual abuse prevention. Also training for mandated-reporters including sexual abuse dynamics, how children disclose abuse, and what do when a child discloses.

CHARACTERPlus

A multi-phase program that acts as a change agent to create a supportive and collaborative school culture through creating a caring community of learners.

NCADA

Substance abuse prevention programs for elementary, middle and high school students through a variety of curricula. Each lesson series focuses on skill development on a variety of topics: protecting our brains; developing skills in social competency, problem solving, and peer refusal; and making healthy choices.

Preferred Family Healthcare

As a component of the Team of Concern program, Preferred Family Healthcare provides global education of all students to the dangers of using alcohol, tobacco, and other drugs. This is done through lunch room booths, school events, etc. Preferred Family Healthcare also provides classroom presentations tailored to the needs of the particular school.



Intervention Programs

Intensive Services - In addition to prevention programs that assist all types of children, we have a variety of programs that help those with specific intensive needs. 2,920 youth were served in individualized intensive programs. These services include counseling and therapy, psychiatric services, drug and alcohol abuse services, and services to children who have been the victims of child abuse, domestic violence, and sexual abuse. In addition 715 youth received additional supportive services, 146 parents received parenting classes and supports, 1,118 parents received other caregiver supports, and 528 professionals received training on subjects such as what to do when a child discloses sexual abuse and how to work with victims of domestic violence.

SCHOOL BASED SERVICES

Catholic Family Services

Counselors embedded in schools to work with children and youth that have mental health or behavioral issues.

Crider Health Center

School Based Mental Health Specialist are embedded in the schools to work with children and youth that have mental health or behavioral issues.

The Pinocchio program works with K - 3rd graders with emerging social, behavioral, and emotional issues that are affecting them in school.

School Based Therapist embedded in the school to provide therapy to students identified through the School's Counselor.

Buddies not Bullies

Counselor embedded in school to work with children and youth that have mental health or behavioral issues.

Preferred Family Healthcare

Teams of Concern is embedded in schools to develop a comprehensive approach to combating substance abuse including direct services for those who are deemed high-risk of using and abusing alcohol and other drugs.



Intervention Programs

COMMUNITY BASED SERVICES

Franklin County CASA

Providing a voice for youth who are in the foster care system and working to assist these youth in finishing their education, getting into college or trade school, finding jobs, and everyday life skills such as budgeting, obtaining a drivers license, etc.

Sisters of Grace's Place

Providing respite care services to youth up to the age of 12 in order to avoid abuse and neglect situations and to offer a safe place for children in times of crisis.

Washington Parents as Teachers

Services to pregnant and parenting teens to teach them how to properly care for their children and to encourage them to finish their high school education.

Preferred Family Healthcare

Achieving Recovery Through Creativity (A.R.T.C.) for high risk youth in Franklin County. ARTC is an art therapy program that works with the creativity of youth to help them work through their emotional, behavioral, or substance abuse illness and develop self confidence.

Drug Testing Program for parents of children who are currently in or at risk of being placed in foster care to help in reunification efforts and to assist in making sure children are returning to a safe home environment

ALIVE

Counseling and parenting skills for children and families effected by domestic violence, working both individually with children and their parents and with groups of parents learning the necessary skills to help their children navigate today's world.

Catholic Family Services

Psychiatric services including diagnosis, treatment, and medication management.

Juvenile Alternatives program works in conjunction with the Juvenile Office and the Franklin County System of Care team to provide a 30 day respite alternative to placing a child in juvenile detention or hospitalization.

Counseling and therapy services to youth of Franklin County including individual, group, and family counseling. Parenting classes also available.

Lutheran Family and Children's Services

Counseling and therapy services and case management to children and youth in need.

Services to pregnant and teenage parents comprised of three components; case management, group sessions, and direct assistance.

Children's Advocacy Center

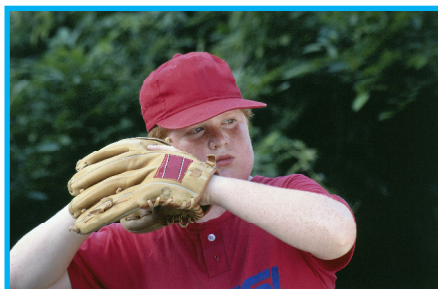
Services to children who have alleged sexual or physical abuse, working with non- offending parents and the child to provide supportive services during the time of immediate crisis, criminal investigation and throughout the prosecutorial process.

Crider Health Center

Care coordination services for youth with serious emotional disorders and their families in partnership with Family Advocacy and Community Training whose Parent Partner work to help the family navigate the systems that serve them.

NAMI – St. Louis

Providing supportive services to families that have a child living with a severe and persistent mental illness



Community Involvement

Community Involvement - In addition to serving the youth of the County through direct services, the Community Resource Board is also dedicated to improving the system of care in Franklin County. We are accomplishing this through many avenues. The main channel is being a part of the Franklin County System of Care, in which we work to break down barriers to services. But even beyond Children's services we are looking at the entire safety net from families in Franklin County. Our Executive Director is working with the Franklin County Service Providers to strengthen the network of non-profits and civic organizations in the County. Currently she is the vice-chair for the Service Providers. She is also a part of the CIT coordinating council which facilitates training for Franklin County law enforcement on how to better work with and respond to those with mental health issues, including children and youth with serious emotional disorders. In addition she sits on the state-wide System of Care team as the liaison from Franklin County.

Special Projects

Youth Mental Health First Aid

In 2013 the FCCRB offered to have a person from each school district trained as a Youth Mental Health First Aid facilitator. In October of 2013, eight school personnel became Youth Mental Health First Aid trainers to serve the Franklin County area.

Mental Health First Aid (MHFA) was developed in Australia in 2001 with the purpose of training teachers, businesses, nurses, daycare workers, and clergy how to handle mental health crises. Through this training, participants learn how to assess for risk, learn how to listen non-judgmentally, give helpful information and assurance, and to encourage people to get professional help and support. As a result, crises can be averted and the stigma of mental illness can be reduced.

Leader in Me

Through a one-time funding pilot project, the FCCRB funded the implementation of the Leader in Me model at the St. Clair Junior High.

The Leader in Me is a whole-school transformation model that acts like the operating system of a computer— it improves the performance of all other programs. Based on *The 7 Habits of Highly Effective People*, *The Leader in Me* produces transformational results such as higher academic achievement, fewer discipline problems, and increased engagement among teachers and parents.

It is the desire and goal of the FCCRB to spread the Leader in Me model throughout the middle /junior high schools of Franklin County.

2014

2014 – This year we are already off to a wonderful start. In 2014, we have awarded over 2.5 million in contracts for 32 programs through 14 agencies. Many of the newest programs were born out of the pilot projects funded last year through one-time funding dollars.

NEW PROGRAMS FOR 2014

CHADS Coalition

The Signs of Suicide (SOS) program empowers students and staff with the tools and resources to effectively recognize and respond to the warning signs of suicide. SOS is a self-contained module designed to be incorporated into health class. SOS includes parent, student and teacher education plans, videos, depression screening materials, and printed education materials.

CHADS Coalition

CHADS provides families who have a child struggling with depression and thoughts of suicide with appropriate mental health support suggestions and resources.

Foundations for Franklin County

Foundations for Franklin County will administer and oversee activities funds for high-risk youth in the community.

The Healthy Kids- Healthy Families - Strengthening Families Program through Foundations for Franklin County, will work with children and their families in which one or both of the parents is a recovering addict.

The Life Skills for Kids program, will be aimed at at-risk youth 8-19 to promote integrity and responsibility and to help them maintain relationships and respect for others.



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