

Allocations 09-10

Proposal #	Agency Name	Program Name	Category	Brief	Amount
5	ALIVE	DA child counsl	C & Psych	ALIVE is requesting in partnership with the Juvenile Office to provide counseling for children and youth who are identified by the Juvenile Office as being victims (directly or indirectly) of domestic violence. They would provide counseling specific to the issue of overcoming domestic violence so as to break the cycle of violence.	\$46,185
7	CFS	Counseling	C & Psych	Catholic Family Services would like to provide counseling and therapy services to youth of Franklin County using Cognitive Behavioral Therapy.	\$91,493
8	CFS	SB Mental Health	C & Psych	Catholic Family Services would like to provide a counselors for the Catholic grade schools and Borgia in Franklin County. They would provide a counselor one day a week to each of the parochial elementary schools and a counselor two days a week to Borgia.	\$115,070
10	CFS	Psych	C & Psych	Catholic Family Services would like to offer psychiatric services to 90 youth in Franklin County. Psychiatry would include diagnosis, treatment, and medication management.	\$51,894
24	CHC	SB Mental Health	C & Psych	Crider Health Center is requesting funding to add an additional 6 School Based Mental Health Specialist to the schools in Franklin County. This would be an expansion of an existing program in which Crider partners with the schools to place a school-based mental health specialist in the schools to work with children and youth that have mental health or behavioral issues. This proposal also ask that the Board partner with DMH and Crider for Medicaid Match, therefore expanding the Medicaid dollar in Franklin County and being able to serve more children. Crider would be able to accept both Medicaid and Non-Medicaid eligible children.	\$354,207
19a	LCFS	Counseling	C & Psych	Lutheran Children and Families Services would like to provide counseling and therapy services and case management to children and youth in need using the Multimodal Emotion-Focused Treatment Program and Cognitive Behavioral Therapy – This part of the proposal is for counseling and therapy	\$15,360
2a	CAC	Family Advocacy	CAP & MHT	Currently CAC has one FTE Family Advocate position at their Sullivan office, this position is currently being funded 70% by a VOCA grant and 30% through fundraising activities. Due to the downturn in the economy, the fundraising activities are no longer enough to sustain the 30% of this position. CAC is asking that the board provide the 30% of this position. The Family Advocate works with non-offending parents and the child throughout the process of working in the legal system, as well as helps coordinate the care for the child and family in the aftermath of sexual abuse and child abuse.	\$19,283

Allocations 09-10

<p><b>2b</b></p>	<p>CAC</p>	<p>Prevention</p>	<p>CAP &amp; MHT</p>	<p>The Child advocacy Center would like to begin a sexual abuse prevention program in Franklin County. In order to ensure that first responders such as police, children's division workers, teachers, etc. are ready to handle situations when they arise, the CAC would like to start the first year by training these adults on Finding Words – a program that teaches adults how to handle the situation properly when a child divulges that they have been sexually abused. It takes tremendous bravery on the part of a child to admit when they have been touched inappropriately, one wrong move from the adults they trust this information to could destroy that bravery and cause more harm to the situation. Before taking prevention programs into the schools, CAC feels that making sure the adults are ready to properly handle the situations that may arise is crucial to the overall system.</p>	<p>\$72,173</p>
<p><b>21</b></p>	<p>CHC</p>	<p>Pinocchio</p>	<p>CAP &amp; MHT</p>	<p>It is the intention of Crider Health Center to provide their Pinocchio program in the following school districts Union, Meramec Valley, St. Clair, Sullivan, New Haven, Franklin County and Washington. The Pinocchio program works with K - 3<sup>rd</sup> graders with emerging social, behavioral, and emotional issues that are affecting them in school. Children are screened by a Pinocchio Associate and if deemed that are in need of services they meet with the associate to work on identified skills. It may be children who are shy and need to learn to interact with others or improve their self esteem, it may be a child that needs to work on anger management skills. By working with children early in life and teaching them the skills to deal with emerging mental health issues it will reduce the incidence of higher need services later in life.</p>	<p>\$316,102</p>
<p><b>23</b></p>	<p>CHC</p>	<p>SB Mental Health</p>	<p>CAP &amp; MHT</p>	<p>Crider Health Center is requesting funding for a new program that would allow for three School Based Therapist to take case loads in five school districts; Meramec Valley, St. Clair, Sullivan, Washington and Union. These therapist would work with 30-40 children a piece. The children would be identified through the School's Counselor. These will be the highest need children.</p>	<p>\$325,828</p>

Allocations 09-10

20a	CHC	Care Coord.	CAP & MHT	<p>Crider Health Center would like to serve additional families in their Partnership with Families program. Partnership with Families uses a strength based, wrap-around approach to serve youth with serious emotional disorders and their families. The Care Coordinator is responsible for helping the families create a team of individuals to assist in meeting the goals of the family. The Care Coordinator works with the entire family in order to help them achieve their goals, strengthen their relationships and create an environment which empowers the family to gradually take on the responsibility coordinating their own care. The Partnership with families brings all the right people to the circle in order to lift the family from despair and create a friendly and helping environment. Families in the PWF program are normally the highest need families involved with several systems. These families are normally the families that have tried everything with no success and are in need of intensive help.</p>	\$119,357
22	CHC	Prevention	CAP & MHT	<p>Crider Health Center would like to provide anti-violence/ anti-bullying prevention services to the school districts of Meramec Valley, New Haven, Franklin County, St. Clair, Sullivan, Washington and Union School District. Violence Prevention would be offered in grades 1 – 5, Changes and Choices in grades 5 – 7, and Healthy Relationships in 8<sup>th</sup> grade. All programs build upon one another or can stand alone. As the kids get older the focus of the program becomes more refined, for example in the older elementary grades, the bullying and teasing program focuses more on cyber bullying.</p>	\$72,961
1	F.A.C.T.	Parent Partner	CAP & MHT	<p>FACT would like to provide Parent PARTNERS for the families served under the Partnership with Families through Crider Health Center. This is a component of the Partnership with Families program that is currently missing in Franklin County. A Parent PARTNER is a parent of a child with disabilities or SED that has already been through the ups and downs of working in multiple systems. Many families of children with SED are weary of “professionals”. Having another parent that has “been there, done that” to help guide them and mentor them in skills of parenting and advocacy makes the whole program much more effective and efficient.</p>	\$60,000
17a	LCFS	Respite Care	CAP & MHT	<p>Lutheran Family and Children's Services would like to provide respite up to 30 days for families with small children that need a break. These services would be provided in a family home by a provider that has been certified by LFCS.</p>	\$12,000
17b	LCFS	Case Mgmt	CAP & MHT	<p>Lutheran Family and Children's Services would like to have case management services for the children that are in respite care in order to assist a smooth transition back to the family home.</p>	\$7,500

Allocations 09-10

4	Portals	Prev. in Par. Schls	CAP & MHT	<p>Portals would like to serve parochial schools with prevention programming that includes bullying and teasing prevention and internet safety. Portals approach is a little different from other agencies as they would like to bring a holistic approach that they call "all in" where they not only meet with the students, but they also meet with the parents and the teachers. Portal would also like to be able to do full needs assessments of each school in order to tailor the programs to the perceived needs of the school according to the teachers and parents of that school.</p>	\$33,320
14	CASA	Transitioning Youth Pro	HRY	<p>CASA would like to implement a Life Skills Partnership Project specifically aimed at youth 14 years of age and older who are in the foster care system. They would work to assist these youth in finishing their high school education, getting into college or trade school, finding jobs, and everyday life skills such as budgeting, obtaining a drivers license, etc. An additional service of a Girls Circle Support group would be available to work on issues such as self-esteem and body image. CASA will utilize their volunteers to do much of the work, therefore keeping their unit cost low while being able to provide many hours of service.</p>	\$47,227
18a	LCFS	Teen Mom CM	HRY	<p>Lutheran Family and Children's Services would like to provide services to pregnant and teenage parents. Their services are comprised of three components; case management, group sessions, and direct assistance. In case management each youth will develop an individual action plan with goals. The case managers work with the youth on problem solving techniques such as prioritizing and budget management. They also work to link the youth and their child to appropriate community services such as medical care, housing, and food assistance. Groups for pregnant or parenting teens encourages social connections and peer sharing. Groups are used to improve teen's connections to community resources and to others who share their concerns, they also build more self confidence as young parents share their experiences and learn that they are not alone. The final part of LFCS proposal is direct assistance to teen parents. Direct assistance may be in the form of goods to baby proof the home, furniture for the infant that is safe, car seats, etc. It could also be used to meet the families basic needs such as utility assistance.</p>	\$19,700

Allocations 09-10

27a	PFH	ARTC – Group	HRY	Preferred Family Healthcare would like to provide Achieving Recovery Through Creativity (A.R.T.C.) to high risk youth in Franklin County. ARTC is an art therapy program that works with the creativity of youth including through painting, sculpture, drawing, music, poetry, etc. to help the youth work through their emotional illness. A.R.T.C. Serves as a means of healthy recreation, self-discovery and expression. It helps youth engage actively in their recovery and increases self-worth and confidence. This helps provide continuous intervention through-out the youth's life because they will learn a hands on way to express themselves and help themselves in a time of emotional doubt.	\$89,517
	CFS	Juv Respite Program	HRY	This proposal is a partnership with the Juvenile Justice System in Franklin County to give an option to the judges of the county in which status offenders could be placed in 30 day respite/residential instead of in the custody of the Juvenile department. This program would allow for the child and the families to have time in order to put into place better skills so that the child has the ability to remain at home rather than being put into incarceration with juveniles who are felons.	\$110,823
9	CFS	Children of Drug Addicted	SA T&P	Catholic Family Services proposes serving children identified by Foundations for Franklin County or Juvenile Court. This children will receive appx. 10 counseling sessions a piece. The children from Foundations would be children of parents who are addicted to drugs who would benefit from counseling services to help break the cycle and assist the child in understanding the issues associated with a parent with an addiction disorder.	\$19,500
26	NCADA	Prevention First	SA T&P	NCADA wishes to provide an array of prevention programs to be determined with the Schools after funding is granted. These services vary greatly and serve K – 12 graders.	\$97,740
25a	PFH	TOC – Sch Dev	SA T&P	Preferred Family healthcare would like to develop and implement Teams of Concern in 11 schools in Franklin County. The teams would be multi-disciplinary teams of individuals who would come together to staff cases that have been referred by school personnel, students, or parents. The team would be the eyes and ears of the school, looking out for kids who may be falling through the cracks and need some type of assistance. The children may be at-risk for drugs and alcohol abuse, but also may need other types of services. The team would refer children to appropriate services. The team would also help assess the schools needs for prevention programming and help develop and implement the programming for the school.	\$572,760

Allocations 09-10

25b	PFH	TOC-In Sch	SA T&P	<p>Preferred Family Healthcare wishes to provide in-school substance abuse counseling for youth identified through the Team of Concern. The Drug Abuse Counseling will include individual counseling, group counseling and group education. In addition a community support worker will assist the families of the youth in interacting with other agencies that may be deemed necessary for success and family therapy will be a part of services. PFH believes that by serving children in their natural setting, there is a more likelihood that treatment will be completed with less burden on the youth and their families.</p>	included
25c	PFH	Court Asses	SA T&P	<p>Preferred Family Healthcare in conjunction with the Juvenile office, DYS, Foundations for Franklin County, and Franklin County Drug Court wish to receive funding to assess youth that enter these systems for substance abuse. They would use the SBIRT model "Screening, Brief Intervention, and Referral to Treatment". Preferred Family Healthcare would be able to serve many of the youth through the Team of Concern In-School Counselors, youth that needed residential treatment could be linked to PFH's residential programs in either Jefferson City or St. Charles, and those needing Outpatient Intensive Treatment could be served within PFHs existing funding in Franklin County through the MO DMH. For youth that are currently in the custody of DYS and who will be released back into the custody of families in Franklin County, PFH will administer the SBIRT and recommend appropriate referrals in order to assist in a successful transition back into the community. = This is the cost for appx. 3 hours of case management per child served.</p>	included
				<b>TOTAL ALLOCATION FOR 2009-10</b>	<b>\$2,670,000</b>

